

**From:** Bret James [bretjames@permaresilience.com](mailto:bretjames@permaresilience.com)  
**Subject:** Don't risk it B...  
**Date:** May 31, 2023 at 10:00 AM  
**To:** [bret.glassett@gmail.com](mailto:bret.glassett@gmail.com)

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B,

In just 24 hours your life may change big time.

Now, you have likely experienced food differently in the grocery stores lately.

Everything from *produce spoiling quicker* (or not even looking great to begin with) to empty shelves that leave you with very few choices and feeling uneasy.

Better quality food, like organic, has become *harder to come by* in recent months (which organic is STILL sprayed with chemicals by the way) - meaning it's harder to get good nutrition to keep you healthy and energized.

And all of the food is obviously showing signs of nutrient deficiency from depleting soils.

The point is, **grocery stores are no longer this magical place where you can have anything you'd ever want**, all the time.

What we are seeing in real-time is the possible breakdown of an endless food supply system...

And we have seen how fragile the food system is within the last 2 years (something many of us have known for a long time).

For example - **we can no longer order bulk organic wheat from ANYWHERE.**

And to add salt to the wound, food prices have gone up by up to 20% this year, on top of last year's price increases.

The other day, I was buying a 5lb bag of organic dry beans, which was priced at \$18...

...at the register, they told me that the price was incorrect, and as of today, it was \$28!!!

**That is a 64% price increase overnight!**

And let me ask you - are you feeling the pinch?

Does the thought of struggling to get food, let alone get nutrient-dense, non-toxic food, keep you up at night?

All of this is why taking charge of where your food comes from can be so empowering and easy to accomplish.

Growing an *effortless abundant garden at home is the first big step to creating a self-*

*sustaining life* for you and your family!

And this is one very important reason why I am reminding you that in [24 hours your web class will be starting!](#)

We will talk about **how YOU can be more in control of your food sources right in your own backyard.**

No matter the size or climate.

And after the class, *you'll understand why none of this phases people like me, and you'll have the same tools that I use every day* to create a self-sustaining life without taking all of my time.

Sound good B?

Bret James



*PS - I'll be giving away a FREE copy of this essential eBook (\$97 value):*

**Finding The Perfect Property for the Self-Sustainable Homestead Of Your Dreams:**  
**Avoid \$100,000 (or bigger) mistakes and losing years of wasted time!**

*To get this ebook simply stay until the end of the class and you will receive an email a few hours after it ends with your download link.*



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**IMPORTANT: Here are YOUR training details:**

- **Easily Start Your Backyard Permaculture Homestead Today - Using A (Little-Known) Holistic Method To Achieve Freedom & Self-Sufficiency!**
- **Webinar Link:**

<https://event.webinarjam.com/t/click/1zl55ip0a1ga633ghzz8xunq65ilkir>

- **Date:** Thursday, June 1 2023
  - **Time:** 10:00 AM Mountain Time (US and Canada) GMT -6 (This is automatically converted to YOUR time & timezone)
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